

STAT LINE

Q1 Health Measures from the National Health Interview Survey,
January–March 2014 | Issue #3-2014, September 16, 2014 |

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HEALTH BEHAVIORS

SMOKING

(Current Smokers, Adults Age 18+)

2014*	2009	2004	1999
17.1%	20.6%	20.9%	23.5%

OBESITY

(Self-Reported, Age 20+)

2014*	2009	2004	1999
29.9%	28.0%	24.5%	21.5%

PHYSICAL ACTIVITY

(Adults 18+ who met federal fitness guidelines**)

2014*	2009	2004	1999
21.0%	18.8%	16.1%	15.2%

ALCOHOL CONSUMPTION

(Male/female %; at least 1 heavy drinking day/year***)

2014*	2009	2004	1999
32.1/20.7	32.4/13.8	27.7/11.2	29.8/11.7

HIV TESTING

(Adults 18+ who have ever been tested)

2014*	2009	2004	1999
38.7%	39.8%	34.6%	32.3%

HEALTH CARE

HEALTH INSURANCE

(All ages without coverage)

2014*	2009	2004^	1999
13.1%	15.4%	14.6%	14.2%

USUAL PLACE FOR MEDICAL CARE

(Total % with a usual place for care)

2014*	2009	2004	1999
87.5%	85.5%	86.8%	86.3%

OBTAINING NEEDED MEDICAL CARE

(Total % who failed to get care due to cost)

2014*	2009	2004	1999
5.5%	6.9%	5.5%	4.3%

INFLUENZA VACCINATION

(Adults ages 18-49 who were vaccinated)

2014^^	2009^^	2004^^	1999^^
31.2%	23.3%	19.3%	16.3%

PNEUMOCOCCAL VACCINATION

(Adults age 65+ who were ever vaccinated)

2014*	2009	2004	1999
58.8%	60.6%	56.8%	49.7%

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HEALTH STATUS

GENERAL HEALTH STATUS

(Total % in very good or excellent health)

2014*	2009	2004	1999
66.2%	66.3%	66.5%	68.7%

PERSONAL CARE NEEDS

(Adults 65+ who need help with personal care)

2014*	2009	2004	1999
5.1%	6.4%	6.3%	6.4%

SERIOUS PSYCHOLOGICAL DISTRESS

(Experienced over last 30 days [adults 18+])

2014	2009	2004	1999
2.9%	3.2%	3.1%	2.4%

DIAGNOSED DIABETES

(Adults 18+ who have been diagnosed)

2014*	2009	2004	1999
9.8%	9.0%	7.0%	5.4%

ASTHMA

(Total % with an episode in the past year)

2014*	2009	2004	1999
3.7%	4.2%	4.1%	3.9%

♦ FULL REPORT

* Covers the period January–March 2014.

** Percentage of adults aged 18 and over who met the 2008 federal.

physical activity guidelines for both aerobic and muscle-strengthening.

activity through leisure-time aerobic or muscle-strengthening activities.

*** Adults aged 18 and over; 5 or more drinks in 1 day for males/4 or more drinks in 1 day for females in 2014; 5 or more drinks in 1 day for both men and women in years prior to 2014.

^ Method 2.

^^ Covers the period January–March of the year.